



**Sign up TODAY!**

**2012**

**SEATTLE THUNDERBIRDS**

# **HOCKEY SCHOOL**

**AUG. 6<sup>TH</sup> - 11<sup>TH</sup>**

**AUG. 13<sup>TH</sup> - 18<sup>TH</sup>**

All age groups: On ice instruction and drills  
Either **Monday, Aug. 6th - Friday, Aug. 11th**  
or **Monday, Aug. 13th - Friday, Aug. 18th.**

- **Top Level Hockey Instruction**
- **Skill Development**
- **Hockey Specific Dryland Training**

Going into its fourth year, the Seattle Thunderbirds Hockey School at Kent's ShoWare Center, will provide an exceptional 6 day hockey experience for all participants.

This year's staff will be working with all groups, both on and off the ice. Each participant will have fun getting to know the various Thunderbird players, coaches and training staff while providing top level hockey instruction on the ice, skill development off the ice and learning hockey specific dry land training.

All sessions for the 2012 Seattle Thunderbirds Hockey School will take place at the ShoWare Center, home of the Seattle Thunderbirds. Participants will utilize the Thunderbirds locker room and WHL dressing rooms throughout the camp, as well as the Thunderbirds Training Facility for all dry land instruction.

## **INCLUDES**

### **ON-ICE TRAINING**

- Power skating
- Balance
- Edge control
- Skill development
- Puck handling
- Passing, receiving, shooting
- Defending
- No-contact checking

### **OFF-ICE TRAINING**

- Exposure to hockey specific dry land techniques
- Stick handling & shooting
- Skill development & repetition

**Sign up online at**

[store.seattlethunderbirds.com](http://store.seattlethunderbirds.com) » **Specials**

**OR by filling out & mailing the form below**

**253.239.7825**

**SEATTLETHUNDERBIRDS.COM**



# YOUTH GROUPS

**\$220**

## GROUP A

6, 7, 8 years old

(2006, 2005, 2004 birth years)

Ice Schedule

8:00 - 9:30 AM

Off-ice Training

9:45 - 10:45 AM

## GROUP B

9, 10 years old

(2003, 2002 birth years)

Ice Schedule

10:00 - 11:30 AM

Off-ice Training

11:45 - 12:45 PM

6 Day Camp

Aug. 6th - 11th or

Aug. 13th - 18th

\*Includes Camp Jersey

## GROUP C

11, 12 years old

(2001, 2000 birth years)

Ice Schedule

12:00 - 1:30 PM

Off-ice Training

1:45 - 2:45 PM

## GROUP D

13, 14 years old

(1999, 1998 birth years)

Ice Schedule

2:00 - 3:30 PM

Off-ice Training

3:45 - 4:45 PM

# JUNIOR PREP

**\$350**

6 Day Camp

Aug. 6th - 11th or

Aug. 13th - 18th

\*Includes Camp T-Shirt

## JUNIOR PREP CAMP

15 - 19 years old

(1993 - 1997 birth years)

Ice Schedule

4:00 - 5:30 PM

Features off-ice instruction for training, nutrition, etc.

# ADULT GROUP

**\$300**

6 Day Camp

Aug. 6th - 11th or

Aug. 13th - 18th

\*Includes Camp T-Shirt

## ADULT CAMP

18 years or older

(before 1993 birth years)

Ice Schedule

7:00 - 9:00 PM

Features off-ice video instruction prior to going on the ice each day.

## ENROLLMENT CANCELLATION POLICY

We will only guarantee registrants paid in full. All requests for cancellation must be made in writing to Seattle Thunderbirds at least two (2) weeks prior to the start of the camp. No refunds will be given less than two weeks prior to the camp.

## WHAT TO WEAR/BRING

Full equipment is mandatory. Water will be provided.

## CAMP INSTRUCTORS

Current and former hockey staff, players and trainers.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City / State / Zip: \_\_\_\_\_

Parent / Guardian: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ M / F

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Years Played: \_\_\_\_\_ Last Team / Level: \_\_\_\_\_

Position: Forward Defense Goalie

Jersey / T-Shirt Size: Youth: M L XL Adult: M L XL XXL

Aug. 6th - 11th  Aug. 13th - 18th

Please check camp group:

Group A 6 - 8 years **\$220**

Group B 9 - 10 years **\$220**

Group C 11 - 12 years **\$220**

Group D 13 - 14 years **\$220**

Junior Prep 15 - 19 years **\$350**

Adult Group 18 + years **\$300**

Total Amount Enclosed: \$ \_\_\_\_\_

Please make checks payable to: Seattle Thunderbirds Hockey School. Please print participants name on your check. Applications received by mail will be sent confirmation receipts to verify acceptance and registration dates/times. Mail registration and payment to: ATTN: Hockey School, Seattle Thunderbirds, 625 West James Kent, WA 98032.

### Assumption of Risk Agreement and Release

I agree to release Seattle Thunderbirds Hockey Club, ShoWare Center, City of Kent, and any of its respective affiliates, owners, members, shareholders, subsidiaries, directors, officers, employees, and all other agents from all claims, actions, causes of actions, damages to or by the undersigned person, their parents/guardians for loss of injury resulting directly from the participation of such person in this program. I further agree to indemnify and hold harmless such parties from all claims, actions, damages, or demands from such participation in this program, including all costs and expenses incurred in defending any such claims or actions. I have read the release and understand this is a full and final release of all claims for injury and damages sustained in the ShoWare Center and read the agreement and understand the responsibilities I have assumed there under.

Parent / Guardian Consent: \_\_\_\_\_

Player's Name: \_\_\_\_\_

Legal Guardian: \_\_\_\_\_

Relationship to Participant: \_\_\_\_\_

Signed: \_\_\_\_\_

Dated: \_\_\_\_\_